

## K-2 One-Day Course in Wakayama

18,000 JPY

Capacity: 40

## World Heritage Site Mount Koya and Buddhist Vegetarian Cuisine



Danjo-garan temple complex

Travel deep into the southern Kii mountain ranges to the clear air and contemplative atmosphere of one of Japan's most sacred sites, the spectacular mountain of Koyasan. This cultural landscape includes more than a hundred intricately crafted buildings, statues and mandala all belonging to the Shingon-sect of esoteric Buddism. We will visit the Danjo-garan temple complex and the Okuno-in cemetery, two of the area's most important sites. Try the traditional vegetarian cuisine of the monks, carefully cultivated and prepared in the mountains, and designed to celebrate and elevate simple ingredients into a meal harmoniously interwoven with nature.

Itinerary	* The itinerary is subject to change without notice.
8:00	Meet at JR Kyoto Station $=$ $=$ $=$ $=$ Chartered bus $=$ $=$ $=$
10:30–11:30	Koyasan Main Gate and Reihokan Museum ······Walk······
11:30–12:30	Lunch at shukubo temple lodging (Buddhist vegetarian cuisine)Walk
12:40–14:15	Danjo-garan temple complex (Basic Great Pagoda, Kon-do main hall),
	Kongobu-ji Temple = = Chartered bus = =
14:30–15:30	Okuno-in cemetery = = Chartered bus = =
18:00	Tour ends at JR Kyoto Station

Note: When entering temple buildings, make sure to wear socks.

**Koyasan Reihokan Museum:** The museum was opened in 1921 by Kongobu-ji Temple entirely funded by donations, in order to preserve and exhibit the important cultural properties of Koyasan.

Main Gate: We will enter the Koyasan temple settlement through the Main Gate and walk around.

Danjo-garan temple complex: This is the birthplace of the Koyasan Shingon sect of Buddhism, and is known as one of the two sacred places of Koyasan, along with the Okuno-in cemetery. The Danjo-garan complex includes the Kon-do main hall and the Fudo-do hall, the oldest building in the Koyasan area, with the Great Pagoda at the center - said to represent the core doctrine of the Shingon sect of esoteric Buddhism.

Kongobu-ji Temple: This is the head monastery of the Koyasan Shingon sect of Buddhism. Banryu-tei, a beautiful rock garden and one of the biggest in Japan, an absolute must-see.



Main Gate





Buddhist vegetarian cuisine Okuno-in Cemetery